|  |  |
| --- | --- |
| Media Monitoring Suite | [TVEyes](http://www.tveyes.com/) |

|  |  |  |
| --- | --- | --- |
| |  |  | | --- | --- | |  | [**Close**](javascript:window.close()) | |

|  |  |
| --- | --- |
| Text Builder |  |

|  |  |
| --- | --- |
| Station: | Sky News |
| Date: | 3/9/2016 8:26:20 AM - 8:36:20 AM |
|  | |

#### 3/9/2016 8:24:43 AM

[Play](https://scout.tveyes.com/)

# I feel for you # I think I love... MUSIC STOPS/BOOING When the whole house is online... you need VIVID 200. MUSIC RESUMES/CHEERING A new study claims shorter men and overweight women earn less than those who are taller or slimmer. Researchers analysed the genetic data of 120,000 people, and say short or overweight people are Â£1,500 worse off a year. They say the "obsession with body image" could be to blame. Joining me now is the confidence

#### 3/9/2016 8:25:43 AM

[Play](https://scout.tveyes.com/)

coach Joe Painter, who has had a look at the study. Short men and overweight women get paid less than those who are taller and slimmer. Do you think that obsession with body image is behind this? In my expense working with women on confidence, with some women, there a link how their image, and there confidence and self-esteem. Some women, it is not a problem at all. It is not the only factor, it is their genetics, it is biology, it is childhood upbringing, and the belief they have about themselves, as well as other parts of life. It will affect them. It is not quite simple as being overweight affecting what they earn. Being overweight affects your confidence, and it could affect how you perform at work? Is at the reason UC behind this? If you are low in confidence and self-esteem, you are less likely to put yourself forward, you are less likely to apply for promotions, you are less likely to believe in yourself that

#### 3/9/2016 8:26:43 AM

[Play](https://scout.tveyes.com/)

you can do well at work. You are going to be a harsh critic on yourself. Do you think it is employers' making assumptions? Someone coming in... That is about the stereotypes that we have? Prejudices, perhaps. Some people who are overweight are hugely confidence, have really quite self-esteem, and no issues at all with working. I don't think you can say that if you are overweight, you are low in confidence. It is not as simple as that. What can be done to break this link between confidence and body image beyond going down the gym five days a week? I do think it is about the changing of the weight of the person, it is about society's messages, and it is for people who

#### 3/9/2016 8:27:43 AM

[Play](https://scout.tveyes.com/)

are overweight, it is not down to what they eat, it could be dealt a medical conditions, it is about that they need to accept that even with an un-perfect body, I am OK, I am just as valuable as everyone else, I am just as valued as every one else in the company. What about confidence related to height? This study talks about short men. I have not met a short man who is lacking in prominence. It is short men syndrome. How does that work? They are high achievers. It is a similar issue in term of if they believe that there is something not as good about them or as others, as is going to affect their confidence and security. Lacking only other way. It can mean that they can act as if they are overconfident as a result. That is where the small man issue comes up. People acting their

#### 3/9/2016 8:28:43 AM

[Play](https://scout.tveyes.com/)

overconfidence. It is that they are insecure sometimes. I am not sure about the science behind it! Thank you for bringing us in the picture. The weather is not that great today. Isabel is going to break the bad news. The bad news is that it is wet and windy out there. Elisabeth snow on the back edge of the system as it clears away from Wales and the Midlands. It is particularly windy across Wales and Southwest -- south-west England this evening. The lower itself just about over the Isle of Wight. The rain in more southern areas. There will be an

#### 3/9/2016 8:29:43 AM

[Play](https://scout.tveyes.com/)

error of persistent rain heading north-eastwards, and it will be quite heavy across the afternoon. Cold under the rain, brighter to the north and west. Modest in the West as well at around 9 degrees. The front fizzles out a little bit through tonight and tomorrow. Still abound of cloud around in Central and eastern areas. It will start to feel a little milder. # "One Way or Another" # I'm gonna find ya # I'm gonna getcha, getcha, getcha, getcha # One way or another... meetcha, meetcha, meetcha The new Zinger Stacker. When you're double-hungry, Me mum always said, Can I blow your 'orn?